



Personal, Social, Health, Economic (PSHE) & Relationships and Sex Education (RSE) at Greenfield Primary School – Summary for Parents & Carers

This summary explains, in straightforward language, how Personal, Social, Health and Economic education (PSHE) and Relationships, Health and Sex Education (RSHE) are taught at Greenfield Primary School. The full policy remains the authoritative source of detail.

Why this learning matters

- **Ready:** Children develop resilience, emotional awareness and confidence so they are prepared to learn and manage change.
- **Respectful:** Children learn about empathy, inclusion, personal boundaries, consent and healthy relationships.
- **Safe:** Children learn how to look after their physical and mental health, stay safe online, recognise risks and ask trusted adults for help.

What children learn

- Healthy friendships, families, respectful behaviour and how to resolve disagreements.
- Emotional wellbeing, self-regulation, resilience and where to seek support.
- Physical health, healthy choices, online safety and responsible use of media and technology.
- Equality, diversity, children's rights, British Values and respect for different beliefs and family structures.
- Age-appropriate preparation for future life, including decision-making, financial awareness, careers and citizenship.
- Statutory relationships and health education, including age-appropriate learning about growing up and puberty in Years 4, 5 and 6.

How learning is planned and taught

Class teachers usually teach a 45–60 minute PSHE lesson each week. Topics are revisited as children move through school so that knowledge and skills develop over time. Learning is also reinforced through assemblies, science, PE and wider curriculum work. Plans reflect pupils' ages, development, additional needs, pupil feedback and relevant safeguarding or local information.

Keeping lessons safe and supportive

Teachers set clear ground rules, use age-appropriate and quality-assured resources, and provide safe ways for children to ask questions. Staff answer sensitively and within the curriculum guidance. If a question or disclosure raises a safeguarding concern, staff reassure the child and follow the school's safeguarding procedures. External providers must follow the same curriculum, safeguarding and impartiality expectations.

How parents and carers are involved

- Termly Topic Narratives explain what children will be learning.
- Parents and carers may ask the class teacher or PSHE lead to view selected teaching resources and discuss any questions.
- Families can support learning by modelling fairness and respectful listening, discussing online safety, encouraging healthy routines and celebrating effort and personal growth.



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- Most relationships, health, puberty and science content is statutory. The full policy explains the limited right to withdraw from one identified Year 6 sex education lesson and how to discuss this with the school.

How progress and quality are checked

Teachers check what children know at the beginning and end of each topic and provide extra support where needed. Staff receive annual training and can access further professional development. The PSHE lead monitors planning, lessons, pupils' work and pupil feedback, while senior leaders also review relevant behaviour and safeguarding information.

Questions or further information

Please speak first to your child's class teacher or contact the PSHE subject leader, Mrs C Williams, through the school office at postbox@greenfieldprimary.co.uk. The full policy and related safeguarding, equality, online safety, behaviour, anti-bullying and SEND policies are available through the school and Trust websites.

In short: *Greenfield Primary School aims to help every child become ready, respectful and safe by teaching practical knowledge and skills for healthy relationships, wellbeing, safety and life beyond school.*
